



Health Directed Riding, Inc.
Where Rehab Reins
Participant's Medical History & Physicians Statement

Participant's Medical History and Physician's Statement

Participant: _____ DOB: _____ Height: _____ Weight: _____
 Address: _____
 Primary Diagnosis: _____ Date of Onset: _____
 Past/Prospective surgeries: _____
 Medications: _____
 Seizure type: _____ Controlled: **Y N** Date of last seizure: _____
 Shunt Present: **Y N** Date of last revision: _____
 Special Precautions / needs: _____

Mobility: Independent Ambulation: **Y N** Assisted Ambulation: **Y N** Wheel Chair: **Y N**
 Braces / Assistive Devices: _____
 For those with Down Syndrome: AtlantoDens Interval X-rays: Date: _____ Result: **+ -**
 Neurologic Symptoms of AtlantoAxial Instability: _____

Please indicate current or past difficulties in the following systems / areas, including allergies:

	Y	N	Comments
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary / skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional / Psychological			
Pain			
Other			

To my knowledge, there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the therapeutic riding center will weigh the medical information above against the existing precautions and contraindications. I concur with the review of this person's abilities/limitations by a licensed / credentialed health professional (e.g. PT, OT, Speech, Psychologist, etc.) in the implementations of an effective equestrian program.

Name / Title: _____ **MD DO NP PA Other**
 Signature: _____ Date: _____
 Address: _____
 Phone: _____ License/UPIN number: _____