



# HEALTH DIRECTED RIDING, INC.

*Where Rehab Reins*

## Youth Rider Application

Rider's Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City State Zip \_\_\_\_\_

Parent/Legal Guardian \_\_\_\_\_

address (if different than above): \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_ Email: \_\_\_\_\_

Rider's Weight \_\_\_\_\_ Height \_\_\_\_\_ Primary Disability \_\_\_\_\_

### **Motor Function:**

#### **Mobility:**

\_\_\_\_\_ Able to walk normally without assistance or special devices:

\_\_\_\_\_ requires assistance or special devices. Please specify: \_\_\_\_\_

### **Transfers:**

\_\_\_\_\_ No assist needed

Transfers with: \_\_\_\_\_ assist of 1 \_\_\_\_\_ assist of 2 \_\_\_\_\_ assist of 3 or more

There are structural problems or absence of the following body parts: \_\_\_\_\_

Are any joints limited in range of motion/mobility? \_\_\_\_\_ NO \_\_\_\_\_ YES if yes, describe: \_\_\_\_\_

My child is able to do the following by him/herself without special support:

\_\_\_\_\_ Roll \_\_\_\_\_ sit on floor \_\_\_\_\_ no impairment

\_\_\_\_\_ belly crawl \_\_\_\_\_ creep on hands & knees \_\_\_\_\_ knee walk

\_\_\_\_\_ sit on chair \_\_\_\_\_ stand without support \_\_\_\_\_ walk

\_\_\_\_\_ stand by furniture \_\_\_\_\_ climb stairs

\_\_\_\_\_ balance impaired Describe specifically: \_\_\_\_\_

### **Hand function:**

\_\_\_\_\_ No impairment

\_\_\_\_\_ Function is impaired. My child uses his/her \_\_\_\_\_ right \_\_\_\_\_ left hand best.

\_\_\_\_\_ My child uses one hand MUCH better than the other.

\_\_\_\_\_ My child uses both hands about the same.

Can your child pick up a small object (i.e. raisin) with thumb/finger tip? \_\_\_\_\_ YES \_\_\_\_\_ NO

Does your child have a special problem with brittle bones or fractures? \_\_\_\_\_ NO \_\_\_\_\_ YES, (describe)

Does your child have any loss of or delayed response to the sensation of pain, temperature, etc?

\_\_\_\_\_ NO \_\_\_\_\_ YES, (describe): \_\_\_\_\_

**Toileting:**

\_\_\_\_\_ Totally independent

\_\_\_\_\_ Needs assistance. How does your child indicate need: \_\_\_\_\_

**Communication Skills:**

Communicates to others by:

\_\_\_\_\_ Speaking in sentences

\_\_\_\_\_ Uses 1-2 word phrases

\_\_\_\_\_ Uses alternative means of communication (pointing, signing, looking at object, language board, etc.)

Describe: \_\_\_\_\_

My child understands: \_\_\_\_\_ complex directions \_\_\_\_\_ simple directions \_\_\_\_\_ single words  
\_\_\_\_\_ sign language \_\_\_\_\_ has delayed response to directions

**Vision and Hearing**

Visual skills:

\_\_\_\_\_ Normal

\_\_\_\_\_ Impaired \_\_\_\_\_ corrected with glasses \_\_\_\_\_ legally blind \_\_\_\_\_ cortical blindness

\_\_\_\_\_ other (describe) \_\_\_\_\_

Hearing ability:

\_\_\_\_\_ Normal \_\_\_\_\_ Impaired (indicate degree) \_\_\_\_\_

\_\_\_\_\_ Hearing aid Auditory level set at: \_\_\_\_\_

\_\_\_\_\_ Test results inconclusive

**Learning Ability:**

My child's learning ability is: \_\_\_ above average \_\_\_ average \_\_\_ slightly below \_\_\_ significantly below

My child learns best: \_\_\_\_\_ by most common teaching methods \_\_\_\_\_ by total communication

\_\_\_\_\_ in a few select ways (describe) \_\_\_\_\_

**Behavior:**

My child's response to new situations/people is: \_\_\_\_\_ open/receptive \_\_\_\_\_ warms up gradually

\_\_\_\_\_ hesitant \_\_\_\_\_ resistive/fearful passive/little response

In learning situations my child is usually: \_\_\_\_\_ cooperative \_\_\_\_\_ variable \_\_\_\_\_ uncooperative

My child: \_\_\_\_\_ has no special fears \_\_\_\_\_ fears the following (describe) \_\_\_\_\_

**Other:**

Seizures: \_\_\_\_\_ have never been a problem \_\_\_\_\_ were in the past but not in the last two years  
\_\_\_\_\_ are controlled by medication \_\_\_\_\_ are not controlled completely, Describe type,  
frequency and Management: \_\_\_\_\_

**Medications:**

\_\_\_\_\_ Takes no medication  
Takes the following medication(s): \_\_\_\_\_  
Describe any operations your child has had: \_\_\_\_\_

What allergies, if any, does child have? \_\_\_\_\_

What are your child's strengths or best areas of function: \_\_\_\_\_

How do you hope your child will benefit from the therapeutic horseback riding program? \_\_\_\_\_

If necessary would you allow your child to be screened at no cost to you by the registered physical /  
occupational therapists associated with Health Directed Riding? \_\_\_\_\_ YES \_\_\_\_\_ NO

Is your child currently involved in any program for children with special needs \_\_\_\_\_ YES \_\_\_\_\_ NO  
If yes, indicate name and location of school, therapist, etc. \_\_\_\_\_

May we contact staff at your child's school /program to obtain information about child's strengths and  
weaknesses? \_\_\_\_\_ YES \_\_\_\_\_ NO

Does your child have any previous horseback riding experience? \_\_\_\_\_ YES \_\_\_\_\_ NO

What else would you like us to know about your child: \_\_\_\_\_

Who filled out this form? \_\_\_\_\_ Relationship to rider \_\_\_\_\_

Child's physician: \_\_\_\_\_

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Signature: \_\_\_\_\_

Parent/Legal Guardian if above is under 18 or unable to sign

Please return this completed form to:

Health Directed Riding, Inc.  
PO Box 335, Grandy, MN 55029