# Health Directed Riding, Inc. "Where Rehab Reins"

## **Ride-A-Thon**

Everyone enjoyed a beautiful Saturday for this year's Annual Ride-A-Thon. There were 20 participants this year. After a two hour ride on the scenic trails at Wild River State Park, everyone enjoyed a wonderful lunch and a few riders won prizes with the drawing that was held.

Mark your calendars for September 9<sup>th</sup>, 2007. That is the next date of our Annual Ride-A-Thon. There are also many walking and bike paths to enjoy, if you do not own a horse and would like to participate. Let's make next year the best ever!

### **Fall Fest**

When you plan events, you hope that the day you pick turns out to be the best. We could not have gotten a better day for the Fall Fest.

December 2006

As it turned out it was the only nice Saturday in October! Before the potluck meal, that started at noon, all the kids that were there got a chance to create their own dyed t-shirts. Health Directed Riding let the kids pick a shirt color of their choice. Then with the help of others, they each got to spray them with a special mixture that Rhonda dreamed up and the end result was a tie dyed looking shirt. What fun everyone had! No two shirts turned out the same.

The raffle drawing was held about 1:30 P.M. and this year's winners were as follows: DVD Home Theatre System, Rick Dassinger of Cambridge; <sup>1</sup>/<sub>2</sub> hog, Barb Theis of Rush City; <sup>1</sup>/<sub>2</sub> hog, Dorothy Doebbert of Wyoming; framed print Steve Hallan of Pine City. Congratulations everyone and thank you to everyone for supporting Health Directed Riding by buying the raffle tickets.

A special thank you to The Oak Gallery of Cambridge for contributing to the framing cost of the print and to the Braham Food Locker Service for donating the cost of processing on the hog.

### FALL SESSION

The last session of riding went well until October came along. Due to snow, rain, and cold many sessions were cancelled. The two last days of riding, October 30<sup>th</sup> and 31<sup>st</sup>, went well as the weather was better than it had been most of the month. This is why one of the goals of Health Directed Riding is to have an indoor riding ring, so not so many riding times have to be cancelled. Of the money collected at fund raising events, ten percent automatically goes to a rider scholarship fund, the remaining money is then divided between the building fund and general expenses.

A big **THANK YOU** to all who donated and supported us this year, whether it was with a donation of money, use of horses, equipment or your time and talents.

A special Thank You to those who contribute and support us through the United Way.

#### **UPCOMING EVENTS**

Saturday June 30<sup>th</sup>, 2007 Challenged Rider Classes @ Braham Pleasure Horse Show 763-444-5463

Saturday August 11, 2007 Challenged Rider Classes @ Pine City Pleasure Horse Show 320-629-3734

Saturday August 18, 2007 Challenged Rider Classes @ Braham Pleasure Horse Show 763-444-5463

Saturday September 9, 2007 Ride-A-Thon @ Wild River State Park

Saturday October 6, 2007 Fall Fest with potluck and barrel racing

**The 2007** riding season will begin May 14<sup>th</sup>. Spring opportunities include volunteer training, grounds clean up, painting and many other small things that always need doing. Call Rhonda at 612-247-9582 if you are interested in helping in any way or go to our web site at <u>www.healthdirectedriding.org</u> and e-mail us there.

As we celebrate the accomplishments of this past riding season we want to take a moment to remember the families of Health Directed Riding who have lost loved ones this past year. In memory of: John Bostrom, John Noble, Betty Bischke, and Jerry Arkufzewfki.

We would like to wish everyone a Merry Christmas and a safe and Happy New Year! We hope that everyone will be ready for a new riding season in May of 2007. The horses are always waiting for spring and the warm weather to come because they know that is when the kids come back and they get lots of special treats after the rides.



Santa has an extra helper this year! Goldie is always ready to help in a time of need. We hope your roofs are strong enough to support him in his journeys this year!