

# Health Directed Riding, Inc.

“Where Rehab Reins”

August 2008

Hello, hope everyone is enjoying the warm weather. The spring riding session was off to a slow start this year, rain and cold weather put a damper on the riders coming out for horseback riding. The summer session is going strong, hope the weather continues to cooperate.



The 11th Annual Health Directed Riding Walk/Roll and Ride-A-Thon is scheduled for Saturday, September 6, 2008 at Wild River State Park. Registration starts at 9:30 a.m. with departure time at approximately 10:30-11:00 a.m. Lunch and door prizes will follow the ride/walk. Pre-registration fee, before September 1st is \$5.00; at the door registration fee is \$10.00. Collect pledges for a chance to win extra prizes. Grand prize is a Toshiba laptop computer, earn a chance at the grand prize by collecting pledges of \$350.00, earn additional chances for each additional \$100.00 collected.

**Attention Horseback Riders: If you don't already have a trail pass you can purchase a day pass at the park.**



*Thanks to everyone who showed up for our annual cleanup day. The weather started out gray and rainy but it turned into a beautiful day. The shed had an “extreme makeover” and the barn was cleaned. It was a team effort and lots was accomplished. We couldn't have done it without you so again, THANK YOU!*

## ~RAFFLE & FALL FEST~

Raffle tickets are now available to purchase and/or sell. The drawing will be held Saturday, October 4<sup>th</sup> during the Fall Fest at Pinesong Farm. Potluck starts at 11:30 a.m., raffle drawing approximately 1:00 p.m. with Health Directed Riders showing their barrel racing skills after the raffle drawing. 1<sup>st</sup> Place – Art Work from a local artist; 2<sup>nd</sup> & 3<sup>rd</sup> Place – ½ a hog each with processing donated by Braham Food Locker Service, 4<sup>th</sup> Place – Digital Picture Frame. Raffle tickets are available through Pat or Rhonda at Pinesong Farm in Grandy or call 612-247-9582.

## HIGH TECH NEWSLETTER

You will find the latest newsletter by visiting [www.healthdirectedriding.org](http://www.healthdirectedriding.org). If you would like to receive your newsletter via email, send your request to:

Health Directed Riding, Inc.  
P.O. Box 335  
Grandy, MN 55029-0335

You can also visit our website and email your request.

## Interested in Volunteering?

We are looking for a few good volunteers, must be able to read, write, handle horses & get along well with others (sense of humor and ability to walk is a must!) If you have these qualifications please contact Pat or Rhonda.

## BRAHAM FEST

If you can't make it to the Ride-A-Thon on Saturday, September 6<sup>th</sup>, you might want to check out another event in our local area. The Braham Covenant Church will be hosting its 7<sup>th</sup> annual Braham Fest from 4:00 – 10:00 p.m. on Saturday, September 6<sup>th</sup>. Braham Fest provides the area youth with contemporary Christian rock music in a positive healthy environment that is close to home. Five bands are scheduled to perform. There is no charge to attend the music festival but there will be concessions & t-shirts available at a nominal fee and there are nice give away prizes during the night. This day will also include the 3<sup>rd</sup> annual Gospel Fest and Classic Car Show. The Gospel Fest will feature local bluegrass and gospel groups from noon – 2:30 p.m. The North Country Hillbillys will sponsor a car show held simultaneously with Gospel Fest. A variety of class vehicles and their owners will be present. A Muffler Rap contest will be held at approximately 3:00 p.m. North Country Hillbillys merchandise will be for sale with all profits donated to Braham Fest. This is a family geared day of fun. Please call Pastor Steve Jennisch at (320) 396-2334 for further details.

# Let's....RODEO!



The 2<sup>nd</sup> Annual Pine City Championship PRCA Rodeo will be held on Saturday August 30<sup>th</sup> & Sunday, August 31<sup>st</sup> at Heidelberger Farm Equipment llc located 3 miles west of I-35 on State Hwy 70 (Rock Creek exit). The events of the evening include: steer wrestling, calf roping, saddle bronc riding, bareback bronc riding, barrel racing, team roping, calf scramble for children and bull riding. There will be a rodeo dance to follow. Visit: [www.heidelbergerllc.com](http://www.heidelbergerllc.com) for further information or call (320) 629-1122.

## Congratulations Graduates!



Rider Graduates: Lindsey Johnson (CIHS). Lindsey has been riding since the program began in 1995

Volunteer Graduates: Dustin Tchida (PCHS), Danielle Reese (CIHS).

## Merchandise Available:

### T-Shirts:

Youth.....\$10.00

Adult.....\$15.00

Sweatshirts.....\$25.00

Denim Shirts...\$35.00

Hoodies.....\$35.00

Hats.....\$10.00

Lunch cooler....\$5.00

Water bottle.....\$2.50

Key chains.....\$2.50

*A special thank you ...* to rodeo cowboys Wes Marrell & Ryan Mims who were in town for the Isanti Rodeo and came out with Jean Jenner to help with the riding program. They were at Hamel Rodeo Thursday, Isanti Rodeo Friday, and Spooner Rodeo Saturday. (whew!) Thank you for lending your special talents!



**Health Directed Riding  
P.O. Box 335  
Grandy, MN 55029-0335**



**GIFT OF GIVING**

Thank you for your gift of \$\_\_\_\_\_ to sponsor a child to ride

NAME\_\_\_\_\_

IN HONOR OF\_\_\_\_\_

OCCASION\_\_\_\_\_

ADDRESS\_\_\_\_\_

**\$800 Donor**

Sponsor a rider for the whole year

**\$500 Donor**

Sponsor a child for the summer or fall

**\$250 Donor**

Sponsor a rider for the summer

**\$100 & under**

You have made a significant contribution in the support of the wonderful therapy at Health Directed Riding

**Please send contributions to: Health Directed Riding, Inc., P.O. Box 335, Grandy, MN 55029-033**

