

# Health Directed Riding, Inc.

“Where Rehab Reins”

April 2010

## *Words from Rhonda*

Isn't it amazing to watch a garden bounce back after a long cold winter? Thankfully we will soon be seeing signs of growth and color that comes every spring reassuring us that winter is almost gone. I am excited for this new riding season to begin and looking forward to us all being together again. I hope that you are as ready to get going as I am and to discover what will be accomplished during this riding season.

“In his heart a man plans his course,  
but the Lord determines his steps”  
Proverbs 16:9

*Rhonda*



## ***Ready, Set, Ride...Let the Riding Season Begin!***

The 2010 spring riding session will begin Monday, May 17, 2010. Riding will be held Mondays from 1:00 – 8:00 PM and Tuesdays from 6:00 – 8:00 PM. Iggy, Keebler, Beauty, Amigo, Shilo, Selena, BB and all the other farm friends are eagerly waiting to greet old and new friends, riders and volunteers. If you or someone you know have a child who could benefit from therapeutic horseback riding, call Rhonda at 612-247-9582 for more information.

## ***Available Soon!***

Raffle tickets will soon be available for you to purchase or sell. This year's prizes are a work of original art by Pat, two halves of a hog, including processing, and an MP3 player. This is a great way to support the program. Drawing to be held October 2, 2010 during the Fall Fest.



## Time for Spring Cleaning at the Farm!



It's time to sweep out the cobwebs and air out the barn. Volunteers are needed to help get ready for the riding season. Clean-up day is scheduled for Saturday, May 1, 2010 at 10:00 AM. Please bring your willing and able hands to help do minor cleanup jobs around the farm. Donuts and beverages will be served. Bring a friend or two as many hands make light work!

### **Volunteer Training Session**

Do you or someone you know have time to spare? Are you able to handle horses or are you willing to learn? If so, join us on May 1, 2010 at 10:00 AM for a volunteer training session (this is held in conjunction with clean-up day). Being a volunteer is a very rewarding experience, one that you will soon not forget. Contact Pat at 320-396-3506 or Rhonda at 612-247-9582 for more information.

### **HIGH TECH NEWSLETTER**

You will find the latest newsletter by visiting [www.healthdirectedriding.org](http://www.healthdirectedriding.org). If you would like to receive your newsletter via email, send your request to:

Health Directed Riding, Inc.  
P.O. Box 335  
Grandy, MN 55029-0335  
You can also visit our website and email your request.

## Health Directed Riding Has Merchandise Available:

### T-Shirts:

Youth.....\$10.00

Adult.....\$15.00

Sweatshirts.....\$25.00

Denim Shirts...\$35.00

Hoodies.....\$35.00

Hats.....\$10.00

Lunch cooler....\$5.00

Water bottle.....\$2.50

Key chains.....\$2.50

All profits from merchandise sold go directly back into the program.

## Come Join Us this Fall at Wild River State Park...

September 11, 2010 is the annual Ride-A-Thon to be held at Wild River State Park. Start collecting pledges now for a chance to win a laptop computer (minimum of \$350.00 in pledges for entry into the drawing of the laptop computer). For every \$100.00 in additional pledges, you will have additional chances to win the laptop computer.

Collect a minimum of \$50.00 in pledges to have your name entered for prize drawings. Registration fee is \$5.00 in advance or \$10.00 at the door. You may walk, roll or ride on this fun filled day. There are many great trails to enjoy. Registration begins at 9:30 a.m. and we'll set out on the trails at 10:30 a.m. Enjoy a meal at the trail center at approximately 1:00 p.m. For information regarding the Ride-A-Thon contact Rhonda at 612-247-9582 or Wendy at 320-224-6935.

## **Mama Jean's Golf Tournament**

Join Jean Jenner on Friday, July 9, 2010 at the Sanbrook Golf Course in Isanti, MN. Tee off is at noon. This is a fundraiser where the profits are split between Health Directed Riding and Freedom Farm, which is also a therapeutic riding program. For further information please contact Jean Jenner at 612-940-4233.

### ***We Love a Good Rodeo!***



**There will be two great opportunities this summer/fall to enjoy a rodeo in our local area. See details below.**

**Isanti Firefighters' PRCA Rodeo, held July 9<sup>th</sup> & 10<sup>th</sup>. The PRCA Rodeo Performance begins at 6:30 PM each night including many other fun activities held throughout the day. For more information regarding all the events surrounding the rodeo log onto [www.isantichamber.com](http://www.isantichamber.com) or contact the Isanti County Chamber of Commerce at 763-444-8515.**

**Pine City Championship PRCA Rodeo, held September 4<sup>th</sup> & 5<sup>th</sup> at Heidelberg's Farm Equipment. The PRCA Rodeo Performance begins at 6:00 PM each night including a dance each night following the performance. For more information regarding the rodeo log onto [www.pinecityrodeo.com](http://www.pinecityrodeo.com) or contact Heidelberg Farm Equipment at 320-629-1122.**

## ***North Country Hillbillys 5<sup>th</sup> Annual Car & Truck Show***

Another great activity going on in our local area on Saturday, September 11, 2010 is the North Country Hillbillys Car & Truck Show. The car show is held at the Braham Covenant Church located off Hwy 107 and County Road 4 in Braham. The car show is held in conjunction with Gospel Fest. Also, from late afternoon into the evening Braham Fest hosts live Christian rock bands.

Contact Les Orvis at 320-492-4579 for further details and information regarding the car show.

[www.theNCH.com](http://www.theNCH.com)

Contact Pastor Steve Jennisch at 320-396-2334 for further details and information regarding Braham Fest & Gospel Fest.



Mark your calendars for Saturday, October 2, 2010 for the Fall Fest at Pinesong Farm. A potluck lunch will start at noon with the raffle drawing following shortly after. The riders will show off their skills in the arena in the early afternoon. This is a great opportunity to support our riders, families and volunteers. See you in the fall!

**Health Directed Riding  
P.O. Box 335  
Grandy, MN 55029-0335**

**GIFT OF GIVING**

Thank you for your gift of \$\_\_\_\_\_ to  
sponsor a child to ride

NAME\_\_\_\_\_

IN HONOR OF\_\_\_\_\_

OCCASION\_\_\_\_\_

ADDRESS\_\_\_\_\_

**\$800 Donor**

Sponsor a rider for the whole year

**\$500 Donor**

Sponsor a child for the summer or fall

**\$250 Donor**

Sponsor a rider for the summer

**\$100 & under**

You have made a significant  
contribution in the support of the  
wonderful therapy at Health Directed  
Riding

**Please send contributions to: Health  
Directed Riding, Inc., P.O. Box 335,  
Grandy, MN 55029-0335**