

Health Directed Riding, Inc.



“Where Rehab Reins”

November 2010

Words from Rhonda

The riding season presented many challenges this year and it went by way too fast. It seems like we just got started but the kids are already back in school, the leaves are turning beautiful colors and falling from the trees blanketing the ground. Looking back over the entire season, the few days we were able to enjoy in the spring and summer were fun and thankfully fall turned out to be the best part of the season. Health Directed Riding continues to be blessed with wonderful volunteers. We welcomed to our family a few new riders and their families and also some new volunteers. I look forward to us all getting together again for the 2011 riding season. As we watch the changing seasons, preparing for the upcoming days when the snow will start falling, may we remember that each day we have is a gift to treasure with friends and family. May God bless you during the wonderful change of seasons and upcoming holidays.

“Let your lives overflow with thanksgiving for all He has done.” Colossians 2:7

Rhonda



On August 30, 2010 a group of 22 children (including 2 teachers & 2 physical therapists) from La Creche daycare of North Minneapolis visited Pine Song Farm. Everyone had a wonderful time and the animals were curious as to who this group of little people were. We enjoyed your visit and hope to see you next year!

Fall Fest News

We were provided with a chilly but sunny day this year for the Fall Fest. A small group attended and was able to enjoy a great potluck luncheon followed by barrel racing by the program's riders. The raffle drawing was held after lunch with the following winners: 1st prize framed art/sketch - Kacie T. of Pine City; 2nd prize ½ hog including processing – Wendy T. of Pine City; 3rd prize ½ hog including processing – Roberta F. of Braham, 4th prize MP3 player – Mary C. of North Branch.

2010 Ride-a-Thon Review

The Ride-a-thon provided us once again with a beautiful sunny day. There were approximately 20 riders who hit the trails along with their horses at Wild River State Park. Although traffic was poor on the way to the park it did not divert the riders. Many door prizes were given out including a Toshiba laptop computer. To be eligible to enter the drawing for the laptop participants needed to collect a minimum of \$350.00 in pledges. Cody T. of Pine City was the winner of the laptop; Cody collected over \$1,000.00 in pledges. Way to go Cody!

~ In Memoriam ~

We wish to offer our deepest sympathy to the families of the following people:

*Mary Haulisch (Pat's mother),
Agnes Wolf (Lindsey's grandmother),
David Hanson (friend of the program),
Madisen Peterson (friend of the program).*

Our thoughts and prayers are with you during this difficult time.

Happy 100th Birthday Walt!



Walt Westman celebrated his 100th birthday by riding Iggy this fall. What a great achievement! Walt is the father of Charlie Westman, our horse chiropractor.

Congratulations!



Congratulations to Karen & Soren on their recent wedding (Karen is a board member with HDR)



Congratulations to Monty & Naomi on their engagement (Monty volunteers with our program)

Babies Corner



Big brother Kyle and big sister Rachel are happy to announce the arrival of their new little sister, Julia Faith. She was born September 9th, weighing 8 lb 2 oz and was 20 1/2 inches long. Kyle is a rider in our program.

Get Connected with Health Directed Riding on Facebook!

Health Directed Riding is on Facebook and we would like you to become our friend. Go to www.facebook.com and search for Health Directed Riding, you can keep up to date on our local events.



Stuff Your Stockings with Health Directed Riding Merchandise!

Merchandise Available:

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Lunch cooler.....\$5.00

Water bottle.....\$3.00

Key chains.....\$3.00

Etched Coffee Mugs...\$10.00

Buy \$50.00 worth of merchandise and receive a free water bottle.

HIGH TECH NEWSLETTER

You will find the latest newsletter by visiting www.healthdirectedriding.org. If you would like to receive your newsletter via email, send your request to: Health Directed Riding, Inc. P.O. Box 335, Grandy, MN 55029-0335 You can also visit our website and email your request.



Wishing you the gift of faith, the blessing of hope and the peace of His love at Christmas and always.

Health Directed Riding, Inc.
P.O. Box 335
Grandy, MN 55029-0335



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Please send contributions to: Health Directed Riding, Inc., P.O. Box 335, Grandy, MN 55029-0335