

Health Directed Riding, Inc.



“Where Rehab Reins”

April 2011

www.healthdirectedriding.com



Rhonda's Ramblings

I have tried several times to sit down and try to write something with thoughts of spring and the upcoming riding season only to look out my window and once again be greeted by the sight of snow gently falling and covering the ground. As much as we would like to rush the change of the seasons and welcome spring, we know that one day soon we will see the flowers blooming, trees budding and the grass turning green. “Light is sweet, it is good to see the sun.” Ecclesiastes 11:7. The 2011 riding season will soon be here and we look forward to the return of many friends, both riders and volunteers. We believe the personal challenges from last year are behind us and that this year holds the promise of much joy and many blessings.

“Cast your cares on Him, for He cares about you.” 1 Peter 5:7

Rhonda



Get Ready - the Riding Season is About to Begin!

The projected 2011 spring riding session will run from May 16 – June 28, 2011 (there will be no riding 5/30 or 5/31); summer session runs July 11 – August 30, 2011; fall session runs September 12 – October 25, 2011. Riding will be held Mondays from 1:00 - 8:00 PM and Tuesdays from 6:00 – 8:00 PM. All your farm friends are anxiously waiting to welcome you. If you know someone who would benefit from therapeutic horseback riding, call Rhonda at 612-247-9582.

Time for Spring Cleaning!



It's time to sweep out the cobwebs and air out the barn. Volunteers are needed to help get ready for the riding season. Clean-up day is scheduled for Saturday, May 7, 2011 at 10:00 AM @ Pinesong Farm. Won't you please consider helping out – many hands make light work! We'll be doing minor cleanup jobs around the farm. Donuts and beverages will be served.

Congratulations to our Graduate



*Natasha Brady class of 2011
Blaine High School*

Tasha is the sister of one of our riders. She officially started volunteering with us in 2010, although she began helping with clean up as needed several years ago. Tasha is a member of the concert choir in high school. She recently started taking English riding lessons after several years of taking western riding lessons.

Babies Corner



Welcome to Anders-Oban Lasse Lee-Eichenwald, little brother to Remington. Remington is a rider in our program

Come Join Us this Fall at Wild River State Park

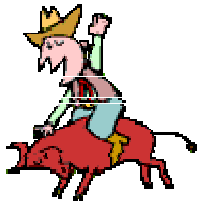
The annual Ride-A-Thon is set for Saturday, September 10, 2011 at Wild River State Park. Start collecting pledges now for a chance to win a portable DVD player (minimum of \$200.00 in pledges for entry into the drawing of the laptop computer). For every \$100.00 in additional pledges, you will have additional chances to win the portable DVD player.

Collect a minimum of \$50.00 in pledges to have your name entered for prize drawings. Registration fee is \$5.00 in advance or \$10.00 at the door. You may walk, roll or ride on this fun filled day. There are many great trails to enjoy. Registration begins at 9:30 a.m. and we'll set out on the trails at 10:30 a.m. Enjoy a meal at the trail center at approximately 1:00 p.m. For information regarding the Ride-A-Thon contact Rhonda at 612-247-9582 or Wendy at 320-224-6935.

Mama Jean's Golf Tournament

Join Jean Jenner on Friday, July 8, 2011 at the Sanbrook Golf Course in Isanti, MN. Tee off is at noon. This is a fundraiser where the profits are split between Health Directed Riding and Freedom Farm, which is also a therapeutic riding program. For further information please contact Jean Jenner at 612-940-4233.

Let's Rodeo!



There will be two great opportunities this summer/fall to enjoy a rodeo in our local area. See details below.

Isanti Firefighters' PRCA Rodeo, held July 8th & 9th. The PRCA Rodeo Performance begins at 6:30 PM each night including many other fun activities held throughout the day. For more information regarding all the events surrounding the rodeo log onto www.isantichamber.com or contact the Isanti County Chamber of Commerce at 763-444-8515.

Pine City Championship PRCA Rodeo, held September 3rd & 4th at Heidelberger's Farm Equipment. The PRCA Rodeo Performance begins at 6:00 PM each night including a dance each night following the performance. For more information regarding the rodeo log onto www.pinecityrodeo.com or contact Heidelberger Farm Equipment at 320-629-1122.

North Country Hillbillys 6th Annual Car & Truck Show

Another great activity in our local area on Saturday, September 10, 2011 is the North Country Hillbillys Car & Truck Show. The car show is held in conjunction with Gospel Fest which is being held at the Braham Covenant Church located off Hwy 107 & County Rd 4 in Braham. Also, from late afternoon into the evening Braham Fest hosts live Christian rock bands.

Contact Les Orvis at 320-492-4579 for further details and information regarding the car show or visit www.theNCH.com
Contact Pastor Steve Jennisch at 320-396-2334 for further details and information regarding Braham Fest & Gospel Fest.

2011 FALL FEST

Mark your calendars for Saturday, October 1, 2011 for the Fall Fest at Pinesong Farm. A potluck lunch will start at noon with the raffle drawing following shortly after. The riders will show off their skills in the arena in the early afternoon. This is a great opportunity to support our riders, families and volunteers. See you in the fall!



Raffle Tickets

Raffle tickets are now available for you to purchase or sell. This year's prizes are 1st prize a work of original art, 2nd & 3rd prize – half of a hog, including processing, and 4th prize – a MP4 player. Drawing will be held October 1, 2011 during the Fall Fest. See Pat or Rhonda for tickets. This is a great way to support the program.

We strongly encourage all riders, volunteers and their families to get some raffle tickets and see how many tickets you can sell this year.

ELECTRONIC NEWSLETTER

Our website has recently gone through some changes and email addresses have been lost. We're looking into how best to address this issue. For now, you will find the latest newsletter by visiting www.healthdirectedriding.org.

BECOME OUR FACEBOOK FRIEND

Health Directed Riding is on Facebook and we would like you to become our friend. Go to www.facebook.com and search for Health Directed Riding, you can keep up to date on our local events.

Merchandise Available For Purchase:

T-Shirts:

Youth.....\$10.00

Adult.....\$15.00

Sweatshirts:

Youth.....\$15.00

Adult.....\$25.00

Denim Shirts.....\$35.00

Hoodies.....\$35.00

Hats.....\$10.00

Lunch cooler.....\$5.00

Water bottle.....\$3.00

Key chains.....\$3.00

Etched Coffee Mugs....\$10.00

Buy \$50.00 worth of merchandise and receive a free water bottle.



**Health Directed Riding
P.O. Box 335
Grandy, MN 55029-0335**



GIFT OF GIVING

Thank you for your gift of \$ _____ to sponsor a child to ride

NAME _____

IN HONOR OF _____

OCCASION _____

ADDRESS _____

\$800 Donor

Sponsor a rider for the whole year

\$500 Donor

Sponsor a child for the summer or fall

\$250 Donor

Sponsor a rider for the summer

\$100 & under

You have made a significant contribution in the support of the wonderful therapy at Health Directed Riding

Please send contributions to: Health Directed Riding, Inc., P.O. Box 335, Grandy, MN 55029-0335