# Health Directed Riding, Inc.



"Where Rehab Reins"

November 2011

www.healthdirectedriding.com



Rhonda's Ramblings

It seems like just vesterday we were wrapping up last year's riding season and here we are, yet again, getting ready to end another year. The snow will soon begin to fall as we prepare for the joyous Christmas season. It is with great joy that I look back upon this past riding season that was filled with challenges and accomplishments. "I can do all things through Christ who strengthens me." Philippians 4:13. We were blessed with a beautiful riding year – spring through fall. We had our share of cancellations, as is normal. July proved to be our most challenging month with several days of excessive heat, yet at the end, everyone had a great time and we are left with memories to cherish. Thank you all for your continued support of Health Directed Riding. It is such a blessing to have the opportunity to be a part of this wonderful group of people. All of you have a very special place in my heart. God bless you during the wonderful change of seasons. "'For unto us a child is born, unto us a son is given." Isaiah 9:6



Fall Fest Review

Good times with family and friends, good food and great fun, that is a brief summary of the Fall Fest. We were able to enjoy a beautiful sunny fall day. We had a great turnout, the largest we've had in years. After enjoying a potluck lunch, the riders showed off their riding skills in the horse arena. Thanks to everyone who attended, brought food, helped set up and helped clean up. We appreciate all you do! Congratulations to our raffle drawing winners: 1st Prize – Original Artwork went to Linnea L. of Stacy; 2<sup>nd</sup> Prize – ½ Hog including processing went to Caden C.; 3<sup>rd</sup> Prize  $-\frac{1}{2}$  hog including processing went to Avis P. of Pine City; 4<sup>th</sup> Prize – MP4 Player went to Timothy M. of Stacy. Thanks to everyone who bought and/or sold raffle tickets. This is a major fundraiser for the program.

#### RIDE-A-THON RECAP

We were grateful to have an unseasonably warm fall day for the Ride-a-Thon this year. We had a small group who attended the Ride-a-Thon at Wild River State Park and we enjoyed each other's company and the day. Please keep in mind the Ride-a-Thon is held the Saturday following Labor Day each year. By collecting pledges and participating you too can help support the program, enjoy a fun day on the trails, eat a great meal and visit with old and new friends. You do not need to have a horse to participate; many people enjoy walking and/or biking the trails at the state park. For information regarding next year's Ride-A-Thon contact Rhonda at 612-247-9582 or Wendy at 320-224-6935

## **Babies Corner**



Welcome to Avery, daughter of Soren & Karen Kuehn. Karen is a board member with our program

# Welcome!

We would like to welcome our new friend, Yoyo. Be sure to say hello to Yoyo next time you're at Pat's if you haven't already!

## Friends we've lost this Year

This year we said goodbye to Gandalf, (Pat's big grey horse,), Puppy & Razz. We'll miss you all!



This year we again welcomed LaCreche childcare center of North Minneapolis to PineSong. There were about 20 children, 2 teachers and 1 therapist that were able to come "north." The farm animals were, once again, excited to see their curious visitors. We enjoyed your visit and hope to see you next year!

### ~In Memoriam~

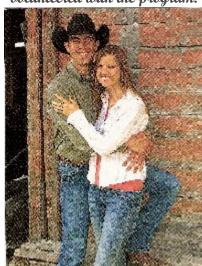
We wish to offer our deepest sympathy to the families of the following people:

Bob Pontius, Marin Roisland, Leona Kral, Delores Kafka.

Our thoughts and prayers are with you during this difficult time.

# Congratulations

Congratulations to Amy & Caleb on their wedding on August 20th. Amy volunteered with the program.



#### **ELECTRONIC NEWSLETTER**

Our website has gone through some changes and email addresses have been lost. We're looking into how best to address this issue. For now, you will find the latest newsletter by visiting www.healthdirectedriding.org.

#### FRIEND US ON FACEBOOK

Health Directed Riding is on Facebook and we would like you to become our friend. Go to <a href="www.facebook.com">www.facebook.com</a> and search for Health Directed Riding, you can keep up to date on current events.

# Merchandise Available For Purchase:

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Please send contributions to: Health Directed Riding, Inc., P.O. Box 335, Grandy, MN 55029-0335