

# Health Directed Riding, Inc.

“Where Rehab Reins”

December 2009

## *Words from Rhonda*

Well the kids are all back at school and the riding season has once again come to an end. I want to take the time to say thank you to all of our riders, volunteers and their families for a wonderful riding season. What a joy to look back upon this past riding season and see all that was accomplished, the new friends we made and the friendships that continue to grow. Although we got a late start due to a very wet and cold spring, we were blessed with a beautiful season. We had our share of cancellations as is normal, October was a hard month with lots of cold and even some snow, yet at the end everyone had a great time and we are left with memories to cherish. Thank you all for your continued support of Health Directed Riding. It is such a blessing to have the opportunity to be a part of this wonderful group of people. All of you have a very special place in my heart. Soon we will be watching the snow fall as we prepare for the joyous Christmas season that will be here before we know it. God bless you during the wonderful change of seasons and I look forward to us all getting together again for the 2010 riding season.

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you abound in hope. Romans 15:13

*Rhonda*



## **FALL FEST REVIEW~**

This year's Fall Fest proved to be cold gray day; we had a small but hardy group that braved the chill in the air. The kids that attended were able to make tie dyed shirts, we enjoyed lots of wonderful food and drinks that helped warm us up (sorry – there is no recipe for the soup although we could tell you what ingredients are in it if you want to wing it). The raffle was held after our meal and several riders showed us their riding skills – trophies were given to all.

The raffle drawing winners were as follows: Framed Art Work – Wendy T. of Pine City; ½ Hog – Shari H. of Mora; ½ Hog – Barry N. of Stanchfield; MP3 Player – Jean J. of Isanti. Congratulations to our prize winners and thank you all for supporting Health Directed Riding by buying raffle tickets. A special thank you goes out to The Oak Gallery of Cambridge for contributing toward the cost of framing the art work and to the Braham Food Locker Service for donating the processing of the hog.

## Ride-A-Thon Report

We were able to enjoy a spectacular sunny and warm day this year for the Ride-a-Thon held September 12th. We had over 20 participants who rode, walked or biked the trails. After the ride/walk lunch was served and door prize drawings were held. This year's Grand Prize winner of the Wii was Cody T. of Pine City. To be eligible to enter this drawing you need to collect over \$350.00 in pledges, Cody raised over \$1,000.00 himself! Way to go Cody! A special thank you to everyone who support this event through your pledges.

It's never too early to start collecting pledges for the Sept. 11, 2010 Ride-A-Thon. Set your goals high and you may have a chance to win a laptop computer! Hope to see everyone again next year - bring a friend or two!



## Fall Fest - October 2, 2010

Raffle tickets will be available early next summer. Get your tickets for a chance to win the following prizes: original artwork by local artist; 2 halves of a hog with processing; MP3 player.



## *Stuff Your Stockings with Health Directed Riding Merchandise!*

### **Merchandise Available:**

#### **T-Shirts:**

**Youth.....\$10.00**

**Adult.....\$15.00**

#### **Sweatshirts:**

**Youth.....\$15.00**

**Adult.....\$25.00**

**Denim Shirts...\$35.00**

**Hoodies.....\$35.00**

**Hats.....\$10.00**

**Lunch cooler....\$5.00**

**Water bottle....\$3.00**

**Key chains.....\$3.00**

**Buy \$50.00 worth of merchandise and  
receive a free water bottle.**

## HIGH TECH NEWSLETTER

You will find the latest newsletter by visiting [www.healthdirectedriding.org](http://www.healthdirectedriding.org). If you would like to receive your newsletter via email, send your request to:  
Health Directed Riding, Inc.  
P.O. Box 335  
Grandy, MN 55029-0335  
You can also visit our website and email your request.

## *Cargill Animal Nutrition Dept.*

Health Directed Riding would like to thank the Cargill Animal Nutrition Department for their generous donation to our program. Through a United Way Drive, Cargill found out about Health Directed Riding and Lil Farm of Cambridge. Cargill felt their mission closely matched and/or complimented both Health Directed Riding & Lil Farm's missions. Because Cargill met their fundraising goals they were able to give donations to both programs. Both Health Directed Riding and Lil Farm programs are fully funded by donations; our program is run solely by volunteers. (Lil Farm Children's Home is an emergency foster placement home for children.)



**KEEBLER, BEAUTY & IGGY** would like to send a big thank you to Amy for bringing Amigo & Shilo and to Jean for bringing BB. It helped our work load out with the 17 kids per session. We had fun meeting new friends and we think the kids did too. Due to the heat, rain and cold we had a few days off (whew!) but most of the summer we were kept busy weaving cones, playing golf and learning our colors.



**Health Directed Riding  
P.O. Box 335  
Grandy, MN 55029-0335**



**THE HOLIDAY GIFT OF GIVING**

Thank you for your gift of \$\_\_\_\_\_ to  
sponsor a child to ride

NAME\_\_\_\_\_

IN HONOR OF\_\_\_\_\_

OCCASION\_\_\_\_\_

ADDRESS\_\_\_\_\_

**\$800 Donor**

Sponsor a rider for the whole year

**\$500 Donor**

Sponsor a child for the summer or fall

**\$250 Donor**

Sponsor a rider for the summer

**\$100 & under**

You have made a significant contribution in  
the support of the wonderful therapy at  
Health Directed Riding

**Please send contributions to: Health  
Directed Riding, Inc., P.O. Box 335,  
Grandy, MN 55029-0335**